

scottishathletics



**NATIONAL ROAD RELAY
CHAMPIONSHIPS
MEN 6 STAGE WOMEN 4 STAGE**

SUNDAY 3rd APRIL 2016

LIVINGSTON (Almondvale)

supported by



**West Lothian
Council**

TIMETABLE

DECLARATIONS CLOSE	11.30am
RACE STARTS	12.00 NOON

NUMBERS

SHORT LAP (3.15 miles)	RED NUMBERS
LONG LAP (5.8 miles)	YELLOW NUMBERS
LAST MEN'S LONG LEG (5.8 miles)	WHITE NUMBERS

M50 Men's Teams run 4 legs only and have an "X" next to their number
W50 Women's Teams run 3 legs only and have an "X" next to their number

SCOTTISH ATHLETICS

ROAD RUNNING AND CROSS COUNTRY COMMISSION

Convenor	John Rodger
Secretary	Julia Henderson

Officials

Referee	Ron Morrison
Clerk of Course	Alex McEwan
Timekeepers	Joe Bruce (Chief), Alan Carruthers
Recorders Times	Elsie Oberg, Douglas Carruthers
Recorders Places	Ian Mann (Chief) Rachel Halliday, Sandy Cameron, Bill Gentleman
Changeovers	Dave Cairns (Chief), Fred McCluskie, Barry Craighead
Funnel Control	Bill Grant
Starter	Barry Craighead
Announcer	John Wands
Declarations Input	Linden Nicholson, Sandra Hardacre
Declarations Desk	Marion Donachie, Neil Donachie, Ian Clifton
Results	Marion Donachie, Neil Donachie, Linden Nicholson, Ron Morrison
Presentations	Sandra Hardacre, John Rodger
Course Marshals	Edinburgh AC, Hunters Bog Trotters, Corstorphine AAC, Ron Hill Cambuslang H, Lothian RC, Metro Aberdeen RC, VP-Glasgow AC, West Lothian Council Staff
Convenors	Alex Jackson, Alex McEwan

Messages

West Lothian Council along with Scottish Athletics and Lothian RC have been managing this event for a couple of decades now. Providing competition for male and female club athletes some of whom have risen to GB level, it is probably the pinnacle of WLC athletics pathway. In a sense it reflects the work and investment of a number of agencies as WLC, SPORT Scotland and voluntary groups in Primary sportshall athletics Secondary school cross country and the local clubs provision of coaching and competition across all the athletics disciplines. So well done all. May I make a quick plug for Livingston and District Open Graded Meetings, Lothian RC 's Dechmont trail race and Linlithgow's popular 10k road race.

I hope your training has prepared you for the tough long and short legs and the relay format that forges a club ethos. Enjoy the café and travel safely home

Paul Stark | Sport and Outdoor Education Manager

The first Scottish Women's Road Relay Championships was held at Scotstoun in Glasgow on the 29th January 1972 under the auspices of the Scottish Women's Cross Country Union.

The Scottish Men's 6 Stage Road Relay Championship did not appear until 31st March 1979 under the auspices of the Scottish Cross Country Union. It was devised as a contingency plan for the time that the Edinburgh to Glasgow Relay would be no longer viable due to traffic. This happened on 28/3/1998.

With the advent of the Scottish Athletics Federation there was a rationalisation of the Road Relay Championships. The Senior women's event continued but women's teams also started competing unofficially in the 6 stage relay in 1996. Since 28/3/1998 the women have run a 4 stage Championship in conjunction with the men's 6 stage relay with both races using the mixed long and short leg format.

A Master's Championship was incorporated in 2005 for men and adopted for the women in the new championship in 1998. In 2013 an over 50 event with 4 legs for men and 3 for women was added to the Championship diet.

All of this can be viewed at the Road Running & Cross Country Commission's results Archive which may be viewed at

<http://www.salroadrunningandcrosscountrymedalists.co.uk/index.html>

It contains details of teams, team members, venues, results, entry & finish statistics, programmes and a race analysis. If you have run in these championships you will find your name there.

This is now the 18th year that the Championships have been held in Almondvale, Livingston and once again we are grateful for the continued support given by West Lothian Council. The continuity and the stability of the venue gives an extra edge to the results in that athletes, teams and even statisticians can compare performances with previous results.

We are indebted to that the many Officials and helpers whose preparation and planning make this event such a success

John Rodger | Convener, Road Running and Cross Country Commission

Livingston North
Station

National Road Relay Championships

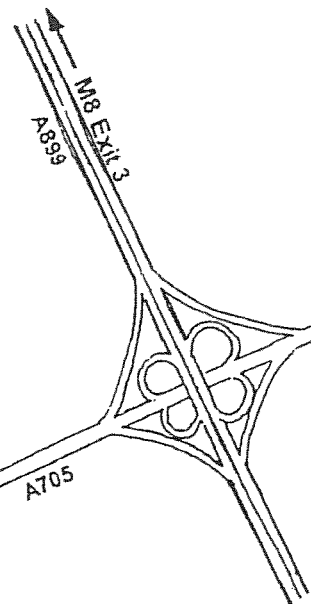
Men 6 stage. Women 4 stage.

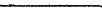
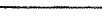
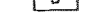
Almondvale, Livingston

12 noon start



West Lothian
Council



Key	
Road	
Asphalt	
Footpath	
Cinder	
Footpath	
Railway	
Long Lap	
Short Lap	
Cut Off	
Miles to go markers	

Scale in Metres
0 200 400 600 800

St John's
Hospital

St Margarets Academy

S/F

Stadium

PARKING

River Almond

Whitburn A705

A705

4

3

2

2

5

1

**Women's Relay Holders.
Senior/Junior. Lothian RC
W40+. Gala Harriers
W50+. Falkirk Victoria H.(3 Legs)**

96,97

Aberdeen AAC

1 Emily Cossar (FU20);
5 Gemma Cormack;
9 Ellie Buchan;

2 Charlotte Stirton;
6 Ana-Maria Duran-Mingo;
10 Lucy McLeod (FU20);

3 Carla Ferguson;
7 Lucy Taylor;

4 Mella Slattery;
8 Nicola Gauld;

98,99,100,101,102

Bellahouston H

1 Erica Christie (F55);
5 Linda Moffat (F40);
9 Lisa Gilmore (F40);
13 Katherine Hylands;
17 Karen Speirs;

2 Deirdre Hoyle (F60);
6 Janine Dickie;
10 Bernadette O'Neil (F45);
14 Jennifer Hoyle;
18 Lynne Sim;

3 Lynne McDowall;
7 Robyn Millar;
11 Susan MacRitchie;
15 Katy Smith (F40);
19 Nicola Milligan (F45);

4 Caroline Cochran (F45);
8 Emily Jackson;
12 Suzanne Boyle;
16 Carol Keenan (F55);

103

Bellahouston RR

1 Ciara O'Connell;

2 Madeline Smillie (F40);

3 Claire Wharton (F45);

4 Alexandra Young;

104

Calderglen H

1 Joanne McEvoy;
5 Karen Allen;
9 Alexandra Hayden;

2 Lorraine Buchanan;
6 Mary Goldsmith (F55);
10 Kay Conneff;

3 Frances Maxwell (F50);
7 Sandra Reid (F50);
11 Julie Beveridge;

4 Alison Lessells;
8 Ruth Kelly (F45);
12 Alison Crooks (F40);

105,106

Central AC

1 Jennifer Wetton;
5 Natalie Milne;

2 Fiona Thompson;
6 Patricia Milne (F50);

3 Morag MacLarty;
7 Hazel Dean (F50);

4 Lyndsay Morrison;
8 Linda Sneddon (F45);

107,108

Corstorphine AAC

1 Fiona Carver (F55);
5 Kirstian MacRuary;

2 Janet Grigor (F45);
6 Claire Sloan;

3 Gillian Carr (F40);

4 Jilly McKay;

109,110

Edinburgh AC

1 Rachael Dunn;
5 Jennifer MacLean (F40);
9 Sharyne Ramage (F50);

2 Laura Dunn;
6 Sarah Lavery (FU20);
10 Lianne Logan;

3 Amanda Woodrow;
7 Rachel Watson (FU20);
11 Janet Dunbar (F45);

4 Madeleine Murray;
8 Karen Dobbie (F45);

111,112,113

Edinburgh University H&H

1 Sophie Collins (FU20);
5 Rachel Stewart (FU20);
9 Amy Frankland (FU20);

2 Emily Kearney (FU20);
6 Holly Palmer;
10 Hazel Murray (FU20);

3 Katie Reynolds;
7 Eve MacKinnon (FU20);
11 Iona Evans (FU20);

4 Linn Gjesdal;
8 Sarah Henderson;
12 Eliza Cottingham (FU20);

114,115

Falkirk Victoria H

1 Caroline Lawless (F55);
5 Monica Anderson (F45);

2 Janette Stevenson (F65);
6 Louise Fields;

3 Fiona Matheson (F50);
7 Angela Colley (F45);

4 Beryl Junnier (F50);
8 Claire Barr;

116,117,118,119,120

Fife AC

1 Andrea Burke Rae;
5 Sheena Logan;
9 Halina Rees;
13 Jennifer Spence;
17 Innes Bracegirdle (F60);
21 Margaret McLaren (F55);
25 Kirsti Sharratt (F45);

2 Megan Crawford;
6 Alison McGill;
10 Angela Richardson;
14 Jenny Tan;
18 Ailsa Cruickshanks (FU20);
22 Margaret Martin (F55);
26 Eilidh Smyth (FU20);

3 Jennifer Cruickshanks;
7 Amie McKimmie;
11 Helen Sharpe;
15 Sandra Aitken (F55);
19 Carrie Fox (F45);
23 Laura Millichamp;
27 Morgan Windram-Geddes;

4 Katie Jones;
8 Stephanie Pennycook (FU20);
12 Annabel Simpson (FU20);
16 Fiona Bracegirdle;
20 Angela Howe (F45);
24 Sophie Mullins;

121,122

Gala H

1 Kate Jenkins (F40);
5 Jennifer Forbes (F40);
9 Anya Campbell (F45);

2 Fiona Shepherd (F45);
6 Eileen Nicol (F50);
10 Mairi Struthers;

3 Dawn Grant (F45);
7 Fiona Dalgleish (F40);
11 Dianne Lauder;

4 Rachel Fagan (F40);
8 Stephanie McDowall;
12 Nicola Porterfield;

123,124

Garscube H

1 Lesley Chisholm (F40);
5 Martha Lovatt;
9 Mary Senior (F40);

2 Arlene Lewis (F40);
6 Chloe McAdam;

3 Linda Kennedy (F45);
7 Ann White (F65);

4 Yvonne Green (F50);
8 Louise Crilly;

125,126,127

Giffnock North AAC

1 Susan Marsh;
5 Mary McCutcheon (F50);
9 Hilary Millar (F50);

2 Angela Hammond (F40);
6 Allie Chong (F40);
10 Louise Shaw;

3 Susan Hancock (F60);
7 Elaine Mulcahy;
11 Dawn Zuberi (F50);

4 Lesley Hunter (F55);
8 Nicola McBeath;
12 Naomi Pavri (F40);

128

Glasgow Caledonian University

1 Anna Tait (FU20);

2 Madeline Robinson;

3 Cliona Ferguson;

4 Emma Dunnett;

129,130,131

Hunters Bog T

1 Carrie Craig;
5 Claire Gordon;
9 Zoe Kemp (F40);
13 Rose Nicholson;
17 Sandra Rathjen (F45);
21 Sheila Strain (F65);
25 Lucy Taylor;
29 Megan Wright (F40);
33 Katie Walling;

2 Briony Curtis;
6 Elizabeth Hugill;
10 Sarah Louise MacIsaac;
14 Phyllis O'Brien (F55);
18 Laura Robertson;
22 Tessa Strain;
26 Claire Ward;
30 Jane Hart (F40);

3 Rowena Halliday;
7 Amy Jennings;
11 Shona McIntosh;
15 Sarah O'Neil;
19 Janice Smith (F55);
23 Jillian Stephen;
27 Anna Weston;
31 Rebecca Harding;

4 Katherine Golding;
8 Mairead Kelly;
12 Megan Mowbray (F40);
16 Louise Provan;
20 Rosie Smith;
24 Zoe Strong;
28 Abbie White;
32 Rachel Heathcote;

132

Kilbarchan AAC

1 Christina Rankin;
5 Catherine Stewart;

2 Sarah Dempsey (FU20);
6 Sharon Hastie (F40);

3 Elspeth Curran;

4 Gemma Rankin;

133,134

Kilmarnock H&AC

1 Paula Wilson (F45);
5 Colleen Tait;
9 Jacqueline Neil;

2 Stephanie Dale;
6 Elizabeth McDerment (F45);

3 Kirsteen Salisbury;
7 Lindsay McMahon (F40);

4 Laura Haggarty;
8 Laura Carruthers;

135,136

Kirkintilloch Olympians

1 Elaine Hogg (F45);
5 Shirley MacNab (F50);
9 Vivien Fraser (F50);

2 Suzanne Shaw;
6 Maxine Bilsland;
10 Anne Marie McGregor (F40);

3 Ada Stewart (F50);
7 Susan Addison (F50);
11 Ausrine Ward;

4 Debs Lindsay (F50);
8 Allison Law (F50);

137

Lasswade AAC

1 Debra Murray;

2 Nicole O'Neill;

3 Karen McKinlay (F50);

4 Heather Hill;

138

Linlithgow AC

1 Alison Marshall;
5 Frances Wood (F55);
9 Rosemary Gallagher (F45);

2 Lynne McGill;
6 Louisa Cockburn;
10 Jennifer Grant;

3 Karen Duncan;
7 Shirley Hyslop (F50);
11 Beverley Dodgson (F45);

4 Jennifer Newton (F45);
8 Jill Horsburgh (F55);

139,140

Lothian RC

1 Edel Mooney (F40);
5 Cara McCafferty (FU20);
9 Linda Garratty (F40);
13 Jocelyn Moar;
17 Kathleen Dempsey;

2 Christine MacVarish (F40);
6 Mel Zobel;
10 Jo Williams;
14 Carol Mabon (F60);
18 Jacqueline Corless (F40);

3 Mhairi Inglis;
7 Christine Milne (F40);
11 Bethany Nelson (FU20);
15 Margaret Turnbull (F55);

4 Lana Turnbull;
8 Kirsty McMeechan;
12 Saran Jones (F45);
16 Shona Young (F45);

141,142,143

Metro Aberdeen RC

1 Katie Bain;
5 Fiona Rudkin;
9 Eithne Kilgallon;
13 Laura Sarkis;
17 Valerie Wilson (F45);

2 Virginie Barrand;
6 Claire Bruce;
10 Kara McCurrach;
14 Claudia Scragg;
18 Hazel Wyness;

3 Jill Bonthron;
7 Petra Hampton;
11 Sarah Milne;
15 Naomi Sharp;

4 Claire Bremner;
8 Kayleigh Jarrett;
12 Debbie Moore;
16 Suzy Watson;

144,145,146

Motherwell AC

1 Phyllis Hands (F60);
5 Clare Hughes;
9 Patricia Allen (F65);

2 Susan Stewart;
6 Mae McIsaac (F60);

3 Emma Stevenson;
7 Vicki Wright;

4 Gillian McCaffer;
8 Barbara Hogg (F45);

147,148

Ron Hill Cambuslang H

1 Donna McPherson (F45);
5 Lynn Angely (F40);
9 Victoria Semple;

2 Arlene Bristow (F45);
6 Caitie Gorton-Phillips (F40);
10 Alexandra Lamond;

3 Jacqueline McLew (F45);
7 Sarah Benson;
11 Katie Bristow;

4 Jennifer Reid (F40);
8 Kirsty Anderson;
12 Eve MacKinnon (FU20);

149,150

Shettleston H

1 Jessica Oliver-Bell;
5 Carole Setchell;

2 Charlene McCallum;
6 Clara Horswell;

3 Rhona Galloway;
7 Shona Robertson (F45);

4 Hayley McCrorie;
8 Mhairi Donaldson;

151

Strathearn H

1 Sonja Mcfadden (F40);
5 Kerry Sweeney (F40);

2 Nicola Watson (F45);
6 Rhian Evans;

3 Maddy Watson (FU20);
7 Rowan Dillon (F45);

4 Lauren Fairweather;
8 Fiona McDonald (F50);

Mens Relay Holders.
Senior/Junior. Kilbarchan AAC
M40+. Ron Hill Cambuslang H
M50+. Ron Hill Cambuslang H (4 Legs)

1,2

Aberdeen AAC

1 James Joy;	2 Euan Webster;	3 Alasdhair Love;	4 Fearghas Thomson;
5 Andrew Ferguson Jnr;	6 Rory Stead (MU20);	7 Michael Ferguson;	8 Broc Drury (MU20);
9 Will Mackay;	10 Steven Murray (MU20);	11 Gideon Emmerson (MU20);	12 Callum Symmons (MU20);
13 Fraser McGillivray;	14 Matthew Kilner (MU20);	15 Alistair Sey (M 55);	

3,4,5,6,7,8

Bellahouston H

1 Darren McQuade;	2 Robert Carson (M 65);	3 David Mackintosh;	4 Crispin Walsh (M 40);
5 Brent Brodie (M 40);	6 Paul Clawson;	7 Stuart Miller;	8 Ian Sim;
9 Iain Burke (M 65);	10 Calum Ferguson (MU20);	11 Graeme Gemmell (M 50);	12 Andrew Cochran (M 40);
13 Gregor Yates;	14 Alastair Sinclair (M 55);	15 Brian Douglas (M 40);	16 Donald Kennedy (M 45);
17 James McMillan (M 70);	18 Gordon Gallacher (M 45);	19 Iain Morrison (M 50);	20 Fraser Armstrong (MU20);
21 Brian Macfarlane (M 45);	22 Colin Thomas;	23 Paul Houston (M 45);	24 Francis Gilroy (M 50);
25 Jack Arnold;	26 Kenneth Taylor;	27 Michael Freshour (M 50);	28 Thomas Keenan (M 60);
29 Gordon Stevenson (M 45);	30 David Mitchell;	31 John Beckett (M 65);	32 John Softley (M 65);

9,10,11

Bellahouston RR

1 Iain Burns;	2 Bruce Carmichael (M 40);	3 Christopher Doak;	4 Alastair Ewen (M 40);
5 Peter Gallanagh (M 45);	6 Greig Glendinning (M 45);	7 Gerry Hanlon (M 50);	8 Robbie Hayman (M 45);
9 Kenny McDonald (M 40);	10 Will McLennan;	11 Stuart McMillan;	12 Anthony McParland (M 45);
13 James Montgomery;	14 Alan Moss;	15 Graeme Paterson (M 40);	16 Frans Roelofse (M 55);
17 David Weatherhead (M 40);	18 Russell Whittington (M 40);	19 Keith Gibb (M 50);	20 Andrew Hardman (M 55);
21 Richard Leyton (M 40);	22 David Lockhart;	23 Grant MacDonald;	24 Alastair MacLachlan (M 55);
25 Lea Macleod;	26 Paul McGunnigle;	27 Henry Merriweather (M 40);	28 Brendan Moriarty;
29 Thomas O'Connell;	30 Brian O'Donnell;	31 Garry Porch;	32 Kevin Queenan (M 45);
33 Craig Reid;	34 Nick Reid;	35 George Rooney (M 45);	

12,13,14

Calderglen H

1 Russell Couper (M 50);	2 Alan Derrick (M 50);	3 Andrew Buchanan;	4 Colin Banks (M 40);
5 Stuart Waugh (M 65);	6 Richard Lawton (M 40);	7 Jim Holmes (M 45);	8 Edward Reid (M 50);
9 John Freer (M 60);	10 George Stewart (M 50);	11 Martin Duthie (M 50);	12 David Watt (M 50);
13 David Herbertson (M 45);	14 Kenny Leinster (M 55);	15 William Buchanan (M 65);	16 John McBride (M 55);
17 Jim Mearns (M 50);	18 Andrew Henderson (M 60);	19 Martin Howell (M 45);	20 Ian Hughes (M 45);
21 Philip Marshall (M 55);	22 Andrew McCaffery (M 50);	23 Charlie McDougall (M 65);	24 Gordon McInally (M 50);
25 Joseph Shields;	26 Hugh Simpson (M 50);		

15,16

Carnegie H

1 Alan Cockburn (M 50);	2 Barry Davie (M 40);	3 John Fulham (M 40);	4 John Hynd (M 55);
5 Ian Robert Johnston (M 55);	6 Paul Kieran (M 40);	7 Steven King (M 40);	8 Scott Love;
9 Mark Mackenzie (M 40);	10 Alan Murray (M 40);	11 John O'Connor (M 55);	12 Andrew Smith;
13 Malcolm Smith (M 50);	14 Calum Vallance (M 50);	15 John Crookston (M 55);	16 Jonathan Millar;
17 Robert Milton (M 50);	18 Kieran Morgan (M 55);	19 David Morton;	20 Frazer Munro (M 45);
21 Joe Donnelly;			

17,18,19,20,21,22

Central AC

1 Simon Barlow (M 45);	2 Cameron Boyek;	3 Scott Brember (M 40);	4 Euan Brownlie (MU20);
5 Hugh Buchanan (M 55);	6 Neil Cameron (M 45);	7 Cameron Campbell (M 55);	8 Dale Colley;
9 Jamie Crowe;	10 Iain Davies (MU20);	11 Iain Dunsmore (M 45);	12 David Eckersley (M 50);
13 Allan Gall (M 60);	14 Charles Graham-Marr (M 55);	15 Scott Green;	16 Alastair Hay;
17 Kenneth Hislop;	18 Ross Houston;	19 Robert Hutchison (M 50);	20 Hugh Kerr (M 50);
21 Jack Kerr (MU20);	22 David Lindsay;	23 Colin Logan;	24 Fraser Logan;
25 Liam McCabe (M 55);	26 Conan McCaughey;	27 Scott McDonald;	28 Christopher McHardy;
29 Ross McNaught;	30 Lewis Millar;	31 Ruairidh Miller;	32 Cameron Milne;
33 Robin Mussett (M 50);	34 Robert Russell;	35 Donald Shaw (M 45);	36 Jens Subke (M 40);
37 Aidan Thompson (MU20);	38 Michael Wright;		

23

Clydesdale H

1 Iain Robertson;
5 Robert Young (M 70);

2 Ryan Nelson;
6 Peter Rudzinski (M 65);

3 Tony Dolan;
7 Kevin Farmer;

4 Paul Carroll (M 45);

24,25,26,27,28,29,30

Corstorphine AAC

1 Moray Anderson;
5 Stuart Campbell (M 45);
9 David Hall;
13 Christopher O'Brien;
17 Thomas Wilson;
21 Neill Porterfield (M 40);
25 Martin Caldwell (M 60);
29 Dean Carr (M 40);
33 Stuart Livingstone;
37 Mark Haskett;

2 Julian Barrable;
6 Jonathan Carpenter;
10 James Harrison;
14 Steven O'Brien;
18 David Henderson (M 50);
22 Sandy Low (M 50);
26 Keith Ovenstone (M 40);
30 Nick Gellatly;
34 Gary Morrison;
38 Ross Milne;

3 Mickey Breen;
7 Andrew Christy;
11 Donald Macaulay;
15 Scott Pilkington;
19 Alan Cameron (M 45);
23 Ian McPherson (M 45);
27 Iain Cumming (M 60);
31 Douglas McKinnon;
35 Dougie Selman;
39 Kris Berry;

4 Alastair Brockie;
8 Dermot Cummins;
12 Calum McKenzie;
16 Tom Ferrington;
20 Michael Connelly (M 50);
24 Graeme Fletcher (M 50);
28 Alan Dalton (M 40);
32 Jonathan Redhead;
36 Michael Anderson (M 45);
40 Bryan Clark;

31,32

East Kilbride AC

1 Vincent Hastings (MU20);
5 Aidan Gilbride (MU20);
9 Graeme Haddow (M 50);
13 Amit Kumar (MU20);

2 Jamie Clements;
6 David Thomson;
10 Derek Leitch (M 60);
14 Brian O'Neill (M 40);

3 John Fergusson;
7 Niall Walker;
11 Ross Grant;
15 Andrew Carroll;

4 Grant Baillie;
8 Luke Kirwan (MU20);
12 William Taylor (M 50);
16 David Gorman;

33,34,35

Edinburgh AC

1 Michael Barton (M 40);
5 David Cross (M 50);
9 Scott Mackenzie;
13 Madis Osjamets;
17 Eric Stevenson (M 65);
21 Nicholas Wolverson;

2 Tom Blankenstein;
6 Chris Creegan (M 55);
10 Colin McGill (M 40);
14 Neil Renault;
18 Mark Thornton-Smith;

3 Gavin Bryson (MU20);
7 Iain Craven;
11 John Mowbray;
15 Garry Robertson (M 50);
19 Owain Williams;

4 Peter Cameron;
8 Ian Hall (M 55);
12 Matthew Newnham (M 55);
16 Peter Simpson;
20 Paul White;

36,37

Edinburgh University H& H

1 Michael Diver;
5 Michael Christoforou;
9 James Bryson;
13 Ben Murphy (MU20);

2 Matthew Rallison;
6 Andrew Lawler (MU20);
10 Calum Murray;
14 Euan Smith (MU20);

3 Alex Luetchford;
7 Jack Luscombe;
11 Elisha de Mello (MU20);

4 Scott Stirling;
8 Euan Gillham (MU20);
12 James Dunn;

38,39

Falkirk Victoria H

1 Tom Purves (M 45);
5 Gordon McCann;
9 Mark Johnstone (M 45);
13 Malcolm Finlayson (M 45);

2 Douglas Hill (M 50);
6 Brian Lees (M 50);
10 Barry McComish (M 40);
14 John Brogan;

3 Don Myles (M 45);
7 James Beattie (M 40);
11 John Denholm (M 60);
15 Stuart Douglas;

4 Alan Mackay (M 40);
8 Craig Johnston (M 45);
12 Gordon Dewar (M 50);

40,41,42

Fife AC

1 Ryan Lafferty;
5 James Rae;
9 Daniel Newman (M 45);
13 Steven Pennycook (M 55);
17 George Black (M 75);
21 Simon Fox (M 50);
25 Frank McLaren (M 65);
29 Keith Taylor (M 40);

2 Daniel Lynch;
6 Chris Russell;
10 Roger Rees (M 45);
14 D.Melville Scobie (M 65);
18 Rick Booth (M 40);
22 Jacob Howe (M 40);
26 Gordon Mathieson;
30 Jeremy Tomlinson (M 55);

3 Ronan McKinstray (MU20);
7 Stuart Tite;
11 Gary Barker (M 55);
15 Bryce Aitken (M 55);
19 Kathryn Fernando (M 45);
23 Mark Jones;
27 Jimmy McIntyre (M 45);

4 Owen Miller;
8 Graham Kirby (M 45);
12 Colin Brown (M 50);
16 Kenneth Anthony (M 50);
20 Sam Fernando (MU20);
24 Jonathan Logan;
28 Andrew Murphy;

43,44,45

Gala H

1 Colin Welsh;
5 Darrell Hastie;
9 Wayne McIntosh (M 40);
13 Steven Martin (M 40);
17 David Moffat (M 40);

2 Marcus D'Agrosa;
6 Thomas Otton (MU20);
10 David Nightingale (M 60);
14 Jamie McGowan (M 40);
18 Magnus Inglis (M 40);

3 Fergus Johnston;
7 Colin McCall (M 40);
11 Rory Campbell (M 45);
15 Bob Johnson (M 55);
19 William McCulloch (M 55);

4 Andrew Lawrie;
8 Craig Mattocks (M 40);
12 Derrick Brydon (M 45);
16 Tim Darlow (M 40);

46

Garscube H

1 Stephen Cullen (M 55);
5 Craig Shields;

2 David Geddes (M 55);
6 James McAneny (M 55);

3 Kieran McLaughlin;
7 Duncan McKellar;

4 John Bell (M 45);

47

Giffnock North AAC

1 Chris Marsh;
5 Keir Geatrell;

2 Michael Hampson (M 50);
6 Ted Gourley (M 50);

3 Garry Sturgeon (M 40);
7 Neal Gibson (M 40);

4 Jason Steele (M 40);
8 Gordon Moir (M 45);

48,49,50

Hunters Bog T

1 Alasdair Anthony;
5 Ian Campbell (M 50);
9 David Fulton;
13 Alistair Hart (M 40);
17 Peter McClelland;
21 Phillip Mowbray (M 40);
25 James Rogers;
29 Doug Tullie;
33 William Bailey;
37 David Hope-Jones;

2 George Ashley;
6 Duncan Coombs;
10 Patryk Gierjatowicz;
14 Alistair Hindle (M 40);
18 Andrew McKechnie;
22 Donald Naylor (M 40);
26 Murray Strain;
30 Dave Ward;
34 Tomas Bridgeman;
38 Craig Hunter (M 55);

3 Michael Bareford (M 40);
7 Colin Crabbie (M 45);
11 Allan Gordon (M 65);
15 James Jarvis (M 45);
19 John McManus;
23 Ivor Normand (M 50);
27 Jim Thyne (M 55);
31 Ray Ward (M 40);
35 Miles Carter;

4 Jamie Brown;
8 Ewan Crawford;
12 Michael Grant;
16 Huw Jones;
20 Dave Matthews;
24 Jon Rathjen (M 45);
28 William Townsend;
32 David Wright;
36 Simon Harrison;

51,52,53

Inverclyde AC

1 Andrew Douglas;
5 Sean Gaffney;
9 David Tamburini (M 40);
13 Ross Gray (MU20);
17 Callum Hunter (MU20);

2 Craig Ruddy;
6 John Bell;
10 Nicholas Gemmell (M 40);
14 Gavin Morrison (M 45);
18 Gerard Gaffney (M 60);

3 Mark Pollard;
7 Matthew Thomson;
11 Tom Tracey (M 60);
15 Michael Houston;
19 David Murdoch;

4 Jonathan Glen (MU20);
8 Duncan Macfadyen (M 55);
12 Jason Kane;
16 Jude Boulton (M 40);

54,55

Inverness H AAC

1 Stephen Mackay;
5 Christopher Fife;
9 Cameron Young (MU20);
13 Donnie Macdonald;
17 Ross Cairns (M 40);

2 John Newsom;
6 Craig Campbell;
10 Charles Forbes (M 60);
14 Andrew MacRae (M 40);
18 Dean Kane;

3 Eoghan MacNamara;
7 Stuart Michael;
11 Andrew Johnstone (MU20);
15 Tom McWilliam (M 40);
19 Ross Nixon (M 40);

4 Gordon Lennox;
8 Tony Golabek;
12 Paul Miller (M 45);
16 Graham Bee;

56

Irvine RC

1 David Millar (M 45);
5 Tony McKnight (M45);

2 William Richardson (M 45);
6 Scott Brown (M40);

3 Tommy Begley (M 45);

4 Alex Allardyce (M 45);

57,58

Kilbarchan AAC

1 Scott MacAulay;
5 Ewan McKerral (MU20);
9 Robert Quinn (M 50);
13 Fraser Williams;
17 Robert Snodgrass (M 45);

2 Callum Matthews (MU20);
6 Thomas McDonald;
10 Ryan Waldron;
14 Alan Craig (M 45);

3 Euan Trout (MU20);
7 Steven Hill;
11 Norman Groves (M 50);
15 John Kynaston (M 55);

4 Scott McLardie (MU20);
8 Donald Petrie (M 55);
12 Euan Carrick;
16 Grant Sandilands;

59,60

Kilmarnock H&AC

1 Stewart McAllister;
5 Kenneth Wales (M 45);
9 Ross Connelly;

2 Scott Martin (M 45);
6 Leslie-James McDerment (M 45);
10 Brian Darroch (M 45);

3 Connell Drummond (M 40);
7 Gordon Reid (M 40);
11 Anthony Rodden;

4 Neil Walker;
8 Robert Lindsay (M 40);
12 William Duffy (M 50);

61,62,63

Kirkintilloch Olympians

1 Howard Elliott (M 45);
5 Robert Keenan;
9 David Hogg (M 45);
13 Kieran Pugh (MU20);
17 James Gallacher (M 55);
21 Mark Welsford (M 40);

2 Stephen Allan (M 40);
6 Robert Rogerson (M 55);
10 Vincent Carroll (M 45);
14 Louis O'Hare (M 40);
18 Sean Casey (M 45);
22 John Pugh (M 45);

3 Scott Bradley;
7 Edward McLoone;
11 Gary Shaw (M 40);
15 Paul O'Hare (M 40);
19 Paul Reilly (M 45);

4 Robert Bartley;
8 Graham McCabe (M 45);
12 Euan Craig;
16 Martyn Glancy;
20 Derek Martin (M 45);

64,65

Law & District AAC

1 Stephen Allen (M 45);	2 Ross Hill;	3 Mark Hand (M 40);	4 Darran Muir;
5 Ross Macdonald;	6 Anthony Higgins (M 45);	7 Luke Foss (MU20);	8 Jim Gillon (M 50);
9 Jamie McMorow;	10 Bobby Hill;	11 James Scullion;	12 Shaun Burke (MU20);
13 William Scoular (M 65);	14 James Rowley (M 65);	15 Alex Hay (M 50);	16 Stuart Leghorn (MU20);
17 Jonathan Kennedy (MU20);	18 Pat Kelly M 65);	19 William Drysdale (M 80);	20 Christopher Barbour (M 55);
21 Fergie Robson (M 45);	22 Iain White (M 40);		

66,67

Linlithgow AC

1 Angus Gallie (M 60);	2 Malcolm D Hughes (M 55);	3 David Marshall;	4 Scott Hyslop (M 50);
5 Brian Couper (M 40);	6 Gerry McArdle (M 40);	7 Bryan Grome;	8 Donald Stark (M 50);
9 John Smith (M 45);	10 Colin Hutcheon (M 60);	11 Michael Watts;	12 Graham Chambers;
13 Paul Dudchenko (M 50);	14 John Redding;	15 Matt Richardson (M 45);	16 Darren Robertson (M 40);
17 Johan Meintjies (M 45);	18 Darren Dick (M 45);	19 Michal Sroka;	20 Roddy Simpson (M 65);
21 Scott Cockburn;	22 Alex Wood (M 65);	23 Jude Moir;	24 Ben Swainson;

68,69,70

Lothian RC

1 Max McNeill;	2 Colin Partridge;	3 Malcolm Lang;	4 Owen Williams;
5 Euan McInnes (M 40);	6 Alan Knowles (M 40);	7 Scott Nelson (M 45);	8 Stig Walsh (M 45);
9 Pol MacDonald (M 45);	10 Alan Moffat;	11 Stephen Malcolm (M 45);	12 Paul Young (M 45);
13 Calum Ross (M 50);	14 James Alexander (M 50);	15 Martin Leadbetter (M 55);	16 Peter West (M 60);
17 Harry Mulholland (M 50);	18 Neil Graham (M 45);	19 Finlay Slane (M 55);	20 Graeme Ackland (M 50);
21 Clifford Dicker (M 65);	22 Gerard McCafferty (M 50);	23 Kenny Mearns (M 55);	24 Kenton Jones (M 50);
25 Ted Finch (M 60);	26 Alastair Robertson;	27 David Mabon (M 60);	28 Andrew King;
29 Joshua Dack;	30 Colin Wishart (M 40);		

71,72,73,74,75

Metro Aberdeen RC

1 Craig Anderson (M 45);	2 Hamish Battle;	3 Jamie Birse;	4 Tom Brian;
5 Steve Buchan;	6 Jonathan Creese;	7 Philip Edgley;	8 Keith Farquhar (M 50);
9 Barry Gibson;	10 Kyle Henderson;	11 Peter Jennings (M 60);	12 Michael Kane (M 50);
13 Jeremy Kibble;	14 Ross Leitch;	15 David MacLennan;	16 Phil Mann (M 55);
17 John Matheson (M 50);	18 Edward McCluskey;	19 Graham McFarlane (M 40);	20 Ian McGregor;
21 Jonny McIntosh;	22 Gavin McLennan;	23 Stuart Milne;	24 William Milne (M 50);
25 Nick Milovsorov (M 50);	26 Graham Moar (M 40);	27 Steven Morrison;	28 William Gavin Reid (M 50);
29 Cameron Robertson (M 40);	30 Dino Roussias (M 40);	31 Adam Scragg;	32 Robert Taylor (M 55);
33 Andrew Thompson (M 40);	34 Jim Tole (M 40);	35 Ian Urquart;	36 Mark Waldron (M 45);
37 Callum Walker;	38 Ben Ward;	39 Andrew Williams (M 40);	40 Barry Woods;

76,77,78

Motherwell AC

1 Thomas Sneddon (M 40);	2 Mark Paterson (M 40);	3 Christopher MacDonald;	4 Mark Gallacher (M 45);
5 Ewen Cameron;	6 Peter Blackmore (M 40);	7 Craig Mackenzie;	8 Robert Pattinson (M 45);
9 Nicholas Hughes;	10 John Burns (M 50);	11 Scott Dickson;	12 Ben Smith;
13 Allan Cameron (M 40);	14 Jim White (M 40);	15 Alan Tait (M 40);	16 Brian McLinden (M 60);
17 John Hughes (M 55);	18 Benjamin Hands (M 55);		

79

Pitreavie AAC

1 Jeff Farquhar (M 55);

80,81,82,83,84

Ron Hill Cambuslang H

1 David Cooney (M 65);	2 Bernard Gough (M 60);	3 Paul Thompson (M 55);	4 Colin Feechan (M 55);
5 Edward Carr (M 55);	6 David Thom (M 55);	7 Alick Walkinshaw (M 55);	8 Stan MacKenzie (M 50);
9 Chris Upson (M 50);	10 Daniel O'Connell (M 50);	11 Kenny Macpherson (M 45);	12 William Fairley (M 45);
13 Michael O'Hagan (M 45);	14 Greg Hastie (M 45);	15 Tony Mccutcheon (M 45);	16 John Kelly (M 45);
17 Frank McGowan (M 45);	18 Kerry-Liam Wilson (M 45);	19 Craig Harrow (M 40);	20 David Stirling (M 40);
21 John Coyle (M 40);	22 Jamie Reid (M 40);	23 Michael Barker (M 40);	24 Kenneth Campbell (M 40);
25 Iain Nicholl (M 40);	26 Robert Gilroy;	27 Paul Kernohan;	28 David Scott;
29 Iain Reid;	30 Simon Gold;	31 Kenny O'Neill;	32 Steven Phillips;
33 Gordon Robertson;	34 Stuart Gibson;	35 Richard Carr;	36 ian littler;
37 Alistair Campbell;	38 Ian Lafferty;	39 Gordon McIntyre;	40 Ian McNeish;
41 Alasdair Campbell;	42 Kyle McLellan;	43 Grant Sheldon;	44 Ryan Thomson (MU20);
45 Ross Stephen (MU20);	46 Brendan Carey (MU20);	47 Craig Jardine (MU20);	48 Jack MacGregor (MU20);
49 Scott Somerville (MU20);			

85,86,87

Shettleston H

1 Andy Little (M 50);
5 Tewoldeberhan Mengisteab;
9 Brian McGarrity;
13 Kenny Richmond (M 45);
17 Lachlan Oates;
21 Peter Mackie;
25 Gerry Mason (M 40);
29 Mark McColl;
33 John Connaghan (M 45);
37 Walter Henderson (M 45);

2 Denis Williams (M 50);
6 Kamil Sieracki;
10 Michael Deason;
14 Thomas Owens;
18 Jethro Lennox;
22 Scott Kennedy (M 45);
26 William Breckenridge (M 45);
30 Stephen Clark;
34 John Oates (M 55);

3 Paul Sorrie;
7 Matthew Sullivan;
11 Michael Paxton;
15 Alasdair McLeod;
19 Stephen Winter (M 40);
23 Andrew Kirkhope (M 55);
27 Brian Robertson;
31 John J Duffy (M 50);
35 William Coyle (M 50);

4 Kevin Slaven;
8 Matthew Turner;
12 Abraham Tewelde;
16 Joe Symonds;
20 Daniel Bradford;
24 David I Houston;
28 Michael Blair;
32 Sean McGettigan;
36 Kevin Brydon;

88

Springburn H

1 Damian McAuley (M 50);
5 Ross McEachern (M 45);

2 Clem Clement (M 55);
6 Keith MacLeod;

3 John Owens (M 60);

4 Graham Lamont (M 50);

89,90

Strathearn H

1 Wattie Mackay (M 50);
5 Tony Wayte (M 55);
9 Ben Murphy (MU20);
13 Andrew Aitken;
17 Gary Brock (M 45);

2 Colin Lamont (M 55);
6 Roger Goddard (M 40);
10 Phil Mestecky (M 45);
14 Will Manners (M 50);

3 James McConnell (M 50);
7 Aaron Dawson;
11 Mark Dillon (M 45);
15 Patrick O'Kane (M 50);

4 Philip Tipping (M 50);
8 Charlie Grimson (MU20);
12 Jim Alexander (M 50);
16 Iain Thomson (M 65);

91,92

Teviotdale H

1 Derek Scott;
5 Greg Walker;
9 Scott Watson;
13 Alan Coltman (M 45);

2 Alex Corbett (M 45);
6 Andrew Gibson;
10 Ryan Law;
14 Paul Lockie (M 45);

3 Rory Anderson;
7 Bruce Hughes;
11 Alan Inglis (M 45);

4 Andrew Goodair (M 45);
8 Kyle Potts (MU20);
12 Alister Biggar (M 45);

93,94,95

VP-Glasgow AC

1 Steven Bryce (MU20);
5 Peter Jardine (M 50);
9 Josh McDonald (MU20);
13 Tom Ord (M 55);

2 Ralph Connolly (M 50);
6 Crawford Little (M 50);
10 Kenneth McVey (M 65);
14 Alex Potter (M 55);

3 Gerard Craig (M 45);
7 Calum McCormack (MU20);
11 Damien Moore;
15 Peter Ramsay (M 55);

4 Ian Dunn (M 45);
8 David McCormack (M 50);
12 Gordon Murray (M 60);
16 James Stewart (M 40);